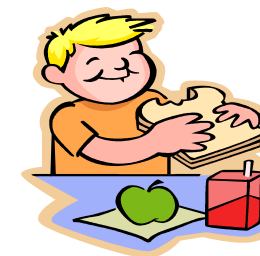


Healthy Canteen Order Form

LUNCH ORDERS ONLY



| SALAD and FRUIT | |
|--|------|
| Standard Salad Box | 2.50 |
| (lettuce, tomato, carrot, cucumber, cheese slice, and French dressing) | |
| For Extra's add: | |
| Ham | 1.30 |
| Chicken | 1.80 |
| Chicken Strips | 2.00 |
| Tuna | 1.00 |
| Chicken Caesar | 3.80 |
| (Chicken, lettuce, croutons, cheese and Caesar dressing) | |
| Pasta Salad | 3.00 |
| Fried Rice Salad | 3.00 |
| Noodle Salad | 3.00 |
| Go Fruity! | |
| Fruit Salad Tub | 1.50 |
| Portion of Cut Fruit | 0.80 |
| eg watermelon, rock melon | |
| Apple Slinky | 0.80 |

| SANDWICHES, | |
|---|------|
| Wonder White Bread Standard Multigrain optional | |
| Sandwiches | |
| Chicken | 2.40 |
| Tuna | 2.30 |
| Ham | 2.00 |
| Egg | 1.60 |
| Cheese | 1.40 |
| Salad | 2.00 |
| Jam, Honey or Vegemite | 1.10 |
| Please add the following for a - | |
| Roll | 0.40 |
| Pitta Pocket/Wrap | 0.60 |
| Toasted sandwich | 0.20 |
| Extras | |
| Cheese | 0.50 |
| Mayonnaise | 0.20 |
| Lettuce | 0.30 |
| Tomato | 0.30 |
| Cucumber | 0.30 |
| Carrot | 0.20 |

| HOT FOOD | |
|---|------|
| Freshly Prepared in the Canteen | |
| Pizza | 3.00 |
| Cheese & Tomato, Bacon & Cheese, Cheese & Pepperoni | |
| Choose your own toppings | |
| Half a Pizza | 1.75 |
| Pasta, Rice Noodles | |
| Pasta Bolognese | 2.80 |
| Pasta Carbonara | 2.80 |
| Macaroni Cheese | 2.80 |
| Fried Rice Hot | 3.00 |
| Meatballs in a roll | 3.00 |
| Burgers & Fish | |
| Homemade hamburger | 3.20 |
| Homemade cheeseburger | 3.50 |
| Chicken Breast Burger | 3.50 |
| Fish Goujons 2 per serve | 2.50 |
| Oven Chips | 2.50 |
| Jacket Potatoes | 2.00 |
| Includes one topping of grated cheese, tuna, sour cream, or baked beans | |
| Boiled Egg | 1.00 |
| Corn Cobbette | 1.00 |
| Cheese Melt | 0.70 |
| Jaffles | 2.20 |
| Baked Beans, Spaghetti, Creamed Corn | |

| HOT FOOD | |
|-------------------------------|-----------|
| Prepackaged Food Items | |
| Hash Brown Triangles | 0.50 |
| Potato Gems | 0.10 |
| Meat Pie Round | 2.10 |
| Traveller Pie Rectangle | 2.90 |
| Sausage Roll | 2.10 |
| Hot Dogs | 2.40 |
| Mini Dog | 1.40 |
| Lasagne | 2.40 |
| Chicken Nuggets | 3 for \$1 |
| Noodle Cups ** | 2.30 |
| <i>Beef, Chicken</i> | |

| EXTRAS | |
|--------------------|------|
| Tomato Sauce | 0.30 |
| BBQ Sauce | 0.30 |
| Sweet Chilli Sauce | 0.30 |
| Paper Bags | 0.15 |

** Hot Noodle Cups must be collected from the canteen



Your Canteen is open on Monday, Wednesday & Friday



RECESS & LUNCH COUNTER SALES

| HOT TREATS | |
|---|------|
| Cheese Melt | 0.70 |
| Raisin Toast | 0.40 |
| Hash Browns | 0.50 |
| Potato Gems | 0.10 |
| Tiger Toast | 0.60 |
| (Vegemite toast & melted cheese strips) | |
| Garlic Bread | 0.60 |
| Fairy Bread | 0.60 |
| Mini Dogs | 1.40 |
| Cinnamon Toast | 0.40 |

| SNACKS | |
|----------------------|------|
| Red Rock Deli | 1.00 |
| Burgermen | 1.00 |
| Cheesters | 0.50 |
| Scooby-Doo Snacks | 0.50 |
| Piranha Rice Chips | 1.00 |
| Noodle Snacks | 0.50 |
| Potato Sticks | 0.60 |
| Gingerbread Kid | 1.30 |
| Fruity Bites Jellies | 0.30 |
| Hot Popcorn Bag | 0.80 |
| Choc Chip Cookie | 1.00 |
| Hello Panda | 0.60 |
| Rice Crackers | 0.50 |
| Rice Snacks | 0.20 |
| Rice Crackers | 0.30 |

| FROZEN ITEMS** | |
|--------------------------------|------|
| Ice Creams | |
| Rainbow Paddle Pop | 1.30 |
| Chocolate Paddle Pop | 1.30 |
| Banana Paddle Pop | 1.30 |
| Solar Flare Paddle Pop | 1.30 |
| Icy Twists | 1.00 |
| Calippo Minis | 0.80 |
| Low Fat Frozen Yoghurt | |
| Strawberry Cup | 1.50 |
| Peach Mango Yoghurt | 1.50 |
| Ice Blocks | |
| Ice Block Tubes | 0.50 |
| Frooper Tubes | 0.50 |
| Yogo Pops | 0.50 |
| Pudding Sticks | 0.20 |
| Frozen Juice Cups | 0.90 |
| <i>Lime, Orange, Raspberry</i> | |
| Fruity Ice | 0.40 |
| Jelly Sticks | 0.20 |
| Strawberry Kisses | 0.10 |
| Chocolate Dots | 0.10 |

| DRINKS | |
|---|------|
| Bottle Still Water | 1.20 |
| Quench Spring Water | 1.60 |
| Portello, Orange Crush, Blue Heaven, lemon & lime | |
| Sparkling Water | 1.60 |
| <i>Apple, Watermelon or Strawberry, Grape & Raisin, Lemon</i> | |
| Milk | |
| <i>Plain</i> | 1.30 |
| <i>Chocolate</i> | 1.60 |
| <i>Strawberry</i> | 1.60 |
| <i>Honeycomb</i> | 1.60 |
| Juice | |
| | 1.60 |
| <i>Apple, Orange, Apple/Blackcurrent</i> | |
| Thorpedo Water | |
| Berry Blast, Luscious Lemonade | 1.60 |
| Hot Chocolate** | |
| Hot Milo | 1.60 |



**Frozen items and hot drinks must be collected